



# St Louis Community School PLC COURSES 2019

providing full and part time courses  
for school leavers and adults in

**Hairdressing • Barbering • Sports & Exercise  
Business • Community Care • Childcare  
Administration • Beauty Therapy  
Education & Training  
Nursing Studies • Healthcare Support**





# NURSING & HEALTH

In addition to subject classes these programmes include cardiac first responder, emergency first aid and patient/manual handling training and on line training in infection control.

## NURSING STUDIES

CERTIFICATION QQI LEVEL 5

Course Code 5M4349 - Course fee €150

Timetabled over 3 days

**Course outline:** anatomy & physiology, human growth & development, nursing theory & practice, care skills, psychology, communications, work experience, biology and care of the older person.

## COMMUNITY CARE/HEALTHCARE SUPPORT

CERTIFICATION QQI LEVEL 5

Course Code 5M2786/5M4339 - Course fee €150

Timetabled over 2 days

**Course outline:** care provision & practice/care support, safety & health at work, human growth & development, care skills, communications, work experience, care of the older person, and children with additional needs.

# CHILDCARE

These courses provide excellent preparation for further education and employment in a wide range of child care settings. Training is provided in child protection, paediatric first aid and Siolta/Aistear.

## WORKING WITH THE UNDER FIVES

CERTIFICATION QQI LEVEL 5

Course Code 5M20009 - Course fee €120

Timetabled over 3 days

**Course outline:** child development, early childhood education & play, early care & education practice, child health & wellbeing, Irish for preschool services, creative arts for early childhood, children with additional needs, communications, work experience and school age childcare.

## EARLY CARE & EDUCATION

CERTIFICATION QQI LEVEL 6

Course Code 6M20007 - Course fee €100

Timetabled over 2½ days

**Course outline:** child development, early childhood curriculum, childhood social, legal & health studies, special needs assisting, work experience, communications and early childhood numeracy & literacy.



# HAIRDRESSING & BARBERING

Students will develop a high level of knowledge & skills in hairdressing & barbering with successful completion leading to industry recognised City & Guilds qualification(s). Course fees include personal equipment kit, uniform tunic and consumables.

---

## INTRODUCTION TO HAIRDRESSING

CERTIFICATION QQI LEVEL 5 AND DES JUNIOR TRADE

Course Code 5M3351 - Course fee €450

Timetabled over 2 days

**Course outline:** hairdressing theory & practice, hairdressing science, safety & health at work, communications, work experience, scalp massage, creative styling and barbering techniques.

---

## INTRODUCTION TO BARBERING

CERTIFICATION QQI LEVEL 5 AND CITY & GUILDS LEVEL 2 CERTIFICATE IN BARBERING

Course Code 5M3351/BB - Course fee €450

Timetabled over 1 day

**Course outline:** Course outline: hairdressing theory & practice, hairdressing science, communications, work experience, styling men's hair and barbering techniques.



---

## PROFESSIONAL HAIRDRESSING

CERTIFICATION CITY & GUILDS LEVEL 2 DIPLOMA  
IN MEN'S & WOMEN'S HAIRDRESSING  
AND DES SENIOR TRADE

Course Code DES ST/CG 3002-70 - Course fee €450

Timetabled over 1 day

**Course outline:** shampoo & condition hair, perm hair, colour & lighten hair, cut hair, art of dressing hair, health & safety, working in the hair industry, scalp massage, hairdressing science, creative hairdressing and promote products.

---

## ADVANCED HAIRDRESSING

CERTIFICATION CITY & GUILDS LEVEL 3 DIPLOMA  
IN HAIR SERVICES AND DES SENIOR TRADE

Course Code DES ST/CG 3002-35 - Course fee €450

Timetabled over 1 day

**Course outline:** advanced cutting & colouring techniques, hair extensions, bridal styling, hairdressing science, health & safety, creative hairdressing and advanced styling/up styling.

---

## ADVANCED BARBERING

CERTIFICATION QQI LEVEL 5 AND CITY & GUILDS LEVEL 3  
DIPLOMA IN BARBERING 3002-67

Course Code 5M3351/CG 3002-67 - Course fee €450

Timetabled over 1 day

**Course outline:** advanced cutting techniques including making patterns, shaving & face massage services, hairdressing science, communications, work experience, creative hairdressing and scalp massage.





# BEAUTY

Students will develop a high level of knowledge & skills of beauty therapy treatments with successful completion leading to industry recognised ITEC qualification(s). Course fees include personal equipment kit, uniform tunic and consumables.

## INTRODUCTION TO BEAUTY THERAPY

CERTIFICATION QQI LEVEL 5, ITEC LEVEL 2 DIPLOMA FOR BEAUTY SPECIALISTS AND CITY & GUILDS AWARD IN SCALP MASSAGE

Course Code 5M3471 - Course fee €450  
Timetabled over 3 days

**Course outline:** body massage & facial analysis, skin care, eye treatments & make up, anatomy & physiology, manicure, pedicure and waxing, work experience, communications, on site massage, customer service and scalp massage.

## ADVANCED BEAUTY THERAPY

CERTIFICATION QQI LEVEL 6 AND ITEC LEVEL 2 AND LEVEL 3

Course Code 6M3479 - Course fee €450  
Timetabled over 2 days

Course fee includes registration/exam fees of THREE ITEC qualifications from Level 3 Award in Body Massage, Level 3 Award in Sports Massages, Level 3 Award in Indian Head Massage, Level 2 Award in Apply Skin Tanning Techniques, Level 3 Award in Intimate Waxing, Level 3 Certificate in Eyelash extensions and Level 3 Award in Massage using preblended Aromatherapy Oils.

**Course outline:** nail technology, Indian head massage, cosmetic science, body & beauty treatments, communications, depilation, tanning & waxing, work experience.



# EDUCATION & TRAINING

The course aims to provide a foundation for students who wish to progress to Higher Education on the area of Education and Training.

## EDUCATION & TRAINING

CERTIFICATION QQI LEVEL 5

Course Code 5M3635 - Course fee €100  
Timetabled over 2 days

**Course outline:** education & training concepts in education & training, intergroup behaviour, word processing, communications, psychology and work experience.



# BUSINESS

Well-equipped IT facilities, access to industry leading software plus the opportunity for Microsoft Office Specialist certification make St Louis a great place to study Business.

## BUSINESS WITH IT/FINANCE FOCUS

CERTIFICATION QQI LEVEL 5

Course code 5M2102 - Course fee €100

Timetabled over 3 days

**Course outline:** word processing, spreadsheet methods, accounting & bookkeeping, payroll, business administration skills, marketing practice, database methods, communications, personal development and work experience.

## ADMINISTRATION

CERTIFICATION QQI LEVEL 6

Course Code 6M5013 - Course fee €100

Timetabled over 2 days

**Course outline:** word processing, customer service, bookkeeping, payroll, communications, spreadsheet methods, administration practice and work experience.

# SPORT & EXERCISE

Participants will develop a high level of knowledge in physical fitness, coaching & team management. Training is provided in cardiac first response/emergency sports first aid and child protection. Course fee includes registration/exam fees for ONE ITEC Award EITHER Fitness Instructing (gym based) OR Strength & conditioning OR Personal Training OR sports massage.

## SPORT & RECREATION STUDIES

CERTIFICATION QQI LEVEL 5/QQI LEVEL 6

Course Code 5M5146/6M5147 - Course fee €250

Timetabled over 2½ days

**Course outline:** sport & recreation studies/sports industry practice, body massage, GAA coaching, soccer coaching, exercise & fitness, safety & health at work, health promotion, sports anatomy & physiology, communications, work experience, and sports nutrition.





**Further information and application forms are available from**

St Louis Community School,  
Kiltimagh, Co. Mayo

**T:** 094 9381228

**email** [suzi.ottewell@stlouiscs.com](mailto:suzi.ottewell@stlouiscs.com)

or apply on line at

**[www.stlouiscs.com](http://www.stlouiscs.com)**

or

**[www.fetchcourses.ie](http://www.fetchcourses.ie)**

---

A €50 registration fee is payable by ALL students in addition to the relevant course fee. In addition there is a €200 DES charge (Medical card holders are exempt from this €200 charge).

*St Louis Community School reserves the right to make changes to any course, to limit the number of places available or to withdraw a course.*

---



**iTEC**

**City  
Guilds**

APPROVED  
CENTRE